What's Optional?

Need extra help with everyday activities? Want to have your pet live with you? For that extra touch of home, Mountain Plaza offers a variety of ways to make you more comfortable for an additional fee.

- Extra help with mobility and getting around
- Guest meals and services
- Personal transportation
- Beauty/barber shop services
- Mealtime support
- Assistance with dressing/undressing
- Assistance with bathing or showering
- Cueing and guidance with daily activities
- Personal laundry and housekeeping
- Personal supplies and grooming
- Repairs and maintenance of personal items
- Maintenance of a personal fund account
- Gentle reminders about daily activities
- And, if needed, help coordinating third party home health services





What is Memory Care?

It's a secure residential neighborhood that provides state-regulated specialized care services to support people with Alzheimer's. The same regulations as assisted living apply with additional requirements for staff training in understanding memory loss and RN supervision of a 24/7 nursing staff.





