

Mountain Plaza Assisted Living Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10:30 Mike Bruning 1 Church Services in RI</p> <p>1:30 Games in BI</p> <p>3:00 Show in RI Titanic Documentary PT. 1 Echos of the Titanic</p>	<p>9:30 Exercise with Sunshine in GM 2 9:45 Exercise in MC</p> <p>10:30 End of The Roaring 20's reading Beginning of the 30's in GM</p> <p>2:00 Music with Charles & Family</p> <p>3:30 Bingo! in GM 5:30 MC Corn Hole</p>	<p>9:00 Sit and Be Fit Exercise in GM 9:30 Exercise with Sunshine in GM 3 9:45 Exercise in MC</p> <p>10:30 Bible Study with Kim in GM 1:00 Here Comes the NIC- Crafting in GM</p> <p>1:30 MC Nerf it up! 3:00 Kick Ball in GM</p> <p>4:15 Weekly Drawing Group in AR</p> <p>6:30 Show in RI Titanic Documentary PT. 2 Titanic Remembered</p> <p>6:00 MC Reading -Wyoming Ranch Letters</p>	<p>9:30 Exercise with Sunshine in GM 4 9:45 Exercise in MC</p> <p>10:30 Poetry in GM</p> <p>1:00 Hearing Aid Cleaning in GM</p> <p>1:00 MC Pet Visit Welcome Nelli</p> <p>1:30 Residents Council in BI</p> <p>2:30 Craft Connection in GM</p> <p>4:00 Color with me in AR</p> <p>6:30 Michael on Piano in GT</p>	<p>9:00 Sit & Be Fit 5</p> <p>9:30 Exercise in GM</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Dianne in GM</p> <p>1:30 Kick Ball in GM</p> <p>3:00 Bingo</p> <p>4:00 Book Mobile</p>	<p>9:30 Exercise w/ Shunshine in GM 6 9:45 Exercise in MC</p> <p>10:30 Book Reading in GM</p> <p>2:00 Meadowlarks in GT</p> <p>3:30 Pub Time in BI & Dice in GM</p> <p>5:30 MC Movie</p>	<p>9:30 Exercise with Sunshine in GM 7 9:45 Exercise in MC</p> <p>10:30 Cowboy Poetry in GM</p> <p>1:30 Balloon Badminton in GM</p> <p>2:45 Movie in RI GI Blues Starring Elvis Presley</p>
<p>10:30 Gayle Unruh 8 Church Services in GT</p> <p>1:30 Reading Wyoming Ranch Letters in GM Letters from Women homesteading in Wyoming</p> <p>3:00 Show in RI Titanic Documentary PT. 3 Capt. Smith</p> <p><i>International Women's Day</i></p>	<p>9:30 Exercise in GM 9 9:45 Exercise in MC</p> <p>10:30 women in History in GM</p> <p>2:00 Jim Oliver Music in GT</p> <p>3:30 Bingo in GM 6:00 MC CNA Horse Shoes</p>	<p>9:00 Mens Coffee in BI 10 9:00 Sit and Be Fit Exercise in GM</p> <p>9:30 Exercise in GM 9:45 Exercise in MC</p> <p>10:30 Bible Study with Kim</p> <p>1:00 Weekly Drawing Group in AR</p> <p>2:00 kick ball in GM</p> <p>3:30 Lets Learn Pinocle and other Games in GM</p> <p>6:00 MC Flash Cards</p> <p>6:30 Show in RI Titanic Documentary PT. 4 End of an Era</p>	<p>9:30 Exercise w/ Sunshine in GM 11 9:45 Exercise in MC</p> <p>10:30 Trivia in GM</p> <p>1:00 Jokes for The Whole Community in MC</p> <p>1:30 Craft Connection in AR</p> <p>3:00 Cornhole in GT</p> <p>4:00 Reminiscing with Nova in GM</p>	<p>9:00 Sit & Be Fit 12 9:30 Exercise in BI</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Dianne in GM</p> <p>1:30 MC Outing lets get Ice Cream</p> <p>1:30 Kick Ball in GM</p> <p>3:00 Bingo</p> <p>4:00 Writing & Wine in GM</p> <p>6:00 MC CNA Games</p>	<p>9:30 Exercise w/ Shunshine in GM 13 9:45 Exercise in MC</p> <p>10:30 Book Reading in GM</p> <p>1:00 Wyoming Symphony Violinist in GT</p> <p>2:15 Horse Shoes in GM</p> <p>3:30 Pub Time in BI & Dice in GM</p> <p>5:30 MC Movie Documentary Titanic</p>	<p>9:30 Exercise in GM 14 9:45 Exercise in MC</p> <p>10:15 Outing Wyo Symphony</p> <p>1:30 Music with Zane in GT</p> <p>3:00 Movie in RI Willie Wonka and the Chocolate Factory 95Mins.</p>
<p>2:00 College Heights 15 Church Services in RI</p> <p>3:30 Show In RI Biography "Audie Murphy" Great American Hero</p>	<p>9:30 Exercise in GM 16 9:45 Exercise in MC</p> <p>10:30 The 1930's reading in GM</p> <p>2:00 Music Recording in RI</p> <p>3:30 Bingo in GM 6:30 MC CNA Ball Catch</p>	<p>9:00 Sit and Be Fit Exercise in GM 17 9:30 Exercise in GM</p> <p>9:45 Exercise in MC 9:40 Outing ArtCore's Peter Rabbit</p> <p>10:30 Bible Study with Kim</p> <p>1:00 Weekly Drawing Group in AR</p> <p>1:30 kick ball in GM</p> <p>2:30 St. Patrick's Day Social in BI Green Beer and Irish music</p> <p>6:00 MC Flash Cards</p> <p>6:30 Show in RI "Over Ireland" St. Patrick's Day!</p>	<p>9:30 Exercise w/ Sunshine in GM 18 9:45 Exercise in MC</p> <p>10:30 Bible Study with Dianne in GM</p> <p>1:00 MC Read and Rhyme</p> <p>2:00 Chris Weydeveld Music in GT</p> <p>3:30 Craft Connection in AR</p> <p>5:30 MC Coloring</p>	<p>9:00 Sit & Be Fit 19 9:30 Exercise in GM</p> <p>9:45 Exercise in MC</p> <p>10:00 Communion in GT</p> <p>1:00 Community Wide MC Pictionary</p> <p>1:30 Kick Ball in GM</p> <p>3:00 Bingo</p> <p>4:00 Book Mobile</p>	<p>9:30 Exercise w/ Shunshine in GM 20 9:45 Exercise in MC</p> <p>10:30 WashaKie documentary in GM Last Chief of the Eastern Shoshone</p> <p>1:30 Stephanie Sings W/ Trivia in GT</p> <p>3:30 Pub Time in BI & Dice in GM</p> <p>5:30 MC CNA Craft</p>	<p>9:30 Exercise in GM 21 9:45 Exercise in MC</p> <p>10:30 Dust Bowl Pt. 1 in RI Documentary</p> <p>1:30 Family Bingo in GM</p> <p>3:00 Movie in RI My Big Fat Greek Wedding</p> <p>5:30 MC CNA Reading & Puzzles</p>
<p>10:30 Gayle Unruh 22 Church Services in GT</p> <p>2:00 Reading Wyoming Ranch Letters in GM Letters from Women homesteading in Wyoming</p> <p>3:30 Dust Bowl Pt. 2 in RI Documentary</p>	<p>9:30 Exercise in GM 23 9:45 Exercise in MC</p> <p>10:30 Women In History Video in GM</p> <p>1:00 MC Music Therapy</p> <p>2:00 Bible Trivia in GT What do you know?</p> <p>3:30 Bingo in GM 6:00 MC CNA Balloon Bop</p>	<p>9:00 Mens Coffee in BI 24 9:00 Sit and Be Fit Exercise in GM</p> <p>9:30 Exercise in GM 9:45 Exercise in MC</p> <p>10:30 Bible Study with Kim</p> <p>1:00 Weekly Drawing Group in AR</p> <p>2:00 kick ball in GM</p> <p>3:30 Pinocle and other Games in GM</p> <p>5:30 MC Flash Cards</p> <p>6:30 Show in RI Lawrence Welk- Classic Episodes</p>	<p>9:30 Exercise w/ Sunshine in GM 25 9:45 Exercise in MC</p> <p>10:30 Weird and Amazing facts in GM</p> <p>1:30 Craft Connection in AR</p> <p>3:00 Let's Make a Deal!!! in GT Will you get a Prize or a ZONK!</p> <p>6:00 MC CNA Coloring</p>	<p>9:00 Sit & Be Fit in GM 26 9:30 Exercise in BI</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Dianne in GM</p> <p>1:00 Outing Art 321</p> <p>3:00 Bingo in GM</p> <p>4:00 Coloring & Music in AR</p>	<p>9:30 Exercise in GM 27 9:45 Exercise in MC</p> <p>10:30 Book Reading in GM</p> <p>2:00 Dave Tuley in GM</p> <p>3:30 Pub Time in BI & Dice in GM</p> <p>6:00 MC CNA Craft</p>	<p>9:30 Exercise with Sunshine in GM 28 9:45 Exercise in MC</p> <p>10:30 Kick Ball in GM</p> <p>2:00 Beating Heart Dance Studio Performance in Dinning Room</p> <p>3:30 Dust Bowl Finish in RI Documentary</p> <p>6:00 MC CNA Reading & Puzzles</p>
<p>10:30 Mike Bruning 29 Church Services in RI</p> <p>2:30 True Grit Starring John Wayne</p>	<p>9:30 Exercise in GM 30 9:45 Exercise in MC</p> <p>10:30 The 1930's reading in GM</p> <p>2:00 Jeopardy Day! Wii Jeopardy in GM w/treats</p> <p>3:30 Bingo in GM 6:00 MC CNA Ball Catch</p>	<p>9:00 Sit and Be Fit Exercise in GM 31 9:30 Exercise in GM</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Kim</p> <p>1:00 Weekly Drawing Group in AR</p> <p>2:00 kick ball in GM</p> <p>3:30 Pinocle and other Games in GM</p> <p>6:30 Gayle on Piano</p>	<h1>March</h1>			<p>KEY AR=Art Room GM=Game Room GT= Great Room BI= Bistro RI= Rialto MC=Memory Care</p>