

Mountain Plaza Assisted Living Activities

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



			<p>9:00 Tournament of Roses Parade in the BI 1</p> <p>10:30 New Years Reading in GM</p> <p>1:00 Kick Ball in GM</p> <p>2:30 Movie in RI</p> <p>"Turner and Hooch" Starring Tom Hanks</p>	<p>9:30 Exercise in GM 2</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Dianne in GM</p> <p>1:00 MC Balloon Bop</p> <p>1:30 Residents Council</p> <p>3:30 Bingo</p> <p>6:30 The Twang Gang in GT</p>	<p>9:00 Sit & Be Fit 3</p> <p>9:30 Exercise w/ Sunshine in GM</p> <p>9:45 Exercise in MC</p> <p>10:30 Book Reading in GM</p> <p>2:00 Meadowlarks in GT</p> <p>3:30 Coloring with friends in AR</p>	<p>9:30 Exercise in GM 4</p> <p>9:45 Exercise in MC</p> <p>10:30 Trivia in GM</p> <p>1:30 Balloon Badminton</p> <p>3:00 Movie in RI</p> <p>"Look Who's Talking" Comedy</p>
<p>10:00 Outing 5</p> <p>Brunch & Bach at the Nic!</p> <p>10:30 Mike Bruning</p> <p>Church Services in RI</p> <p>3:00 Movie in RI</p> <p>"The Final Count Down" With Kirk Douglas Sci-Fi</p>	<p>9:00 Sit & Be Fit in GM 6</p> <p>9:30 Exercise in GM</p> <p>9:45 Exercise in MC</p> <p>10:30 Wyoming Reading in GM</p> <p>2:00 Music with Charles & Family</p> <p>3:30 Bingo! in GM</p>	<p>9:30 Exercise with Sunshine in GM 7</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Kim in GM</p> <p>1:00 Here Comes the NIC</p> <p>Crafting in GM</p> <p>3:00 Corn Hole in GT</p> <p>6:15 Show in RI</p> <p>The Bob Newhart Show</p>	<p>9:00 Sit & Be Fit in GM 8</p> <p>9:30 Exercise in GM</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Dianne in GM</p> <p>1:30 Craft Connection in AR</p> <p>3:30 Cribbage Club in GM</p>	<p>9:30 Exercise in BI 9</p> <p>9:45 Exercise in MC</p> <p>10:30 Wyoming Song Reading in BI</p> <p>1:00 MC Pet Visit</p> <p>1:30 Kick Ball in GM</p> <p>3:00 Bingo</p> <p>4:00 Bookmobile</p>	<p>9:00 Sit & Be Fit 10</p> <p>9:30 Exercise w/ Sunshine in GM</p> <p>9:45 Exercise in MC</p> <p>10:30 Book Reading in GM</p> <p>1:30 Noodle Hockey in GM</p> <p>3:00 Farkle Friday in GM</p>	<p>9:30 Exercise in GM 11</p> <p>9:45 Exercise in MC</p> <p>10:30 Music Recordings in GM</p> <p>1:30 Card Games in GM</p> <p>3:00 Movie in RI</p> <p>"The Art of Racing in The Rain" Story about a Dog and a Race Car Driver</p>
<p>10:30 Gayle Unruh 12</p> <p>Church Services in GT</p> <p>1:30 Kick ball in GM</p> <p>3:00 Show in RI</p> <p>"The Sandlot" Comedy 101 mins</p>	<p>9:00 Sit & Be Fit in GM 13</p> <p>9:30 Exercise in GM</p> <p>9:45 Exercise in MC</p> <p>10:30 Wyoming Reading in GM</p> <p>2:00 Jim Oliver Music in GT</p> <p>3:30 Bingo in GM</p>	<p>9:30 Exercise in GM 14</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Kim</p> <p>12:10 Outing Artcore Moscow Nights</p> <p>2:00 Dave Tuley Music</p> <p>3:00 Let's Line Dance</p> <p>6:15 Show in RI</p> <p>The Bob Newhart Show</p>	<p>8:50 Outing Musical at DMJH 15</p> <p>9:30 Exercise w/ Sunshine in GM</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Dianne in GM</p> <p>1:30 Craft Connection</p> <p>3:00 Strawberry Ice Cream Social in BI</p> <p>4:00 Cribbage Club in GM</p>	<p>9:30 Exercise in BI 16</p> <p>9:45 Exercise in MC</p> <p>10:00 Communion in GT</p> <p>1:30 Kick Ball in GM</p> <p>3:00 Bingo</p> <p>6:00 Show N Tell in GT for Residents and staff Sign up at Activities Office</p>	<p>9:00 Sit & Be Fit 17</p> <p>9:30 Exercise w/ Sunshine in GM</p> <p>9:45 Exercise in MC</p> <p>10:30 Book Reading in GM</p> <p>1:30 All Resident Balloon Bop in MC</p> <p>3:30 Farkle Friday in GM</p>	<p>9:30 Exercise in GM 18</p> <p>9:45 Exercise in MC</p> <p>10:30 Jokes in GM</p> <p>1:30 Golf in GT</p> <p>3:00 Movie in RI</p> <p>"Game Plan" Comedy 110 mins.</p>
<p>19</p> <p>10:30 Hymns sing along in GM</p> <p>2:00 College Heights</p> <p>Church Services in RI</p> <p>3:30 Kick Ball in GM</p>	<p>9:00 Sit & Be Fit in GM 20</p> <p>9:30 Exercise in GM</p> <p>9:45 Exercise in MC</p> <p>10:30 Wyoming Reading in GM</p> <p>2:00 MLK Day Social in BI Snacks and Facts about Martin Luther King</p> <p>3:30 Bingo in GM</p>	<p>9:30 Exercise in GM 21</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Kim in GM</p> <p>1:30 Color With Me in MC</p> <p>3:00 Writing and Wine in GM</p> <p>6:15 Show in RI</p> <p>The Bob Newhart Show</p>	<p>9:00 Sit and Be Fit in GM 22</p> <p>9:30 Exercise w/ Sunshine in GM</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Dianne in GM</p> <p>2:00 Chris Weydevel Music in GT</p> <p>3:30 Craft Connection in AR</p>	<p>9:30 Exercise in BI 23</p> <p>9:45 Exercise in MC</p> <p>10:30 Trivia in GM</p> <p>1:30 Kick Ball in GM</p> <p>2:00 MC Corn Hole</p> <p>3:00 Bingo in GM</p> <p>4:00 Bookmobile</p> <p>6:30 Terry on Piano in GT</p>	<p>9:00 Sit & Be Fit 24</p> <p>9:30 Exercise w/ Sunshine in GM</p> <p>9:45 Exercise in MC</p> <p>10:30 Book Reading in GM</p> <p>2:00 Stephanie Sings in GT</p> <p>3:30 Farkle Friday in GM</p>	<p>9:30 Exercise in GM 25</p> <p>9:45 Exercise in MC</p> <p>10:30 Trivia in GM</p> <p>1:30 Rowdy Rhythms Let's Play The Drums!</p> <p>3:00 Movie in RI</p> <p>"Radio" Heart Felt True Story and some football 109 mins.</p>
<p>10:30 Gayle Unruh 26</p> <p>Church Services in GT</p> <p>1:30 Kick Ball in GM</p> <p>3:00 Show in RI</p> <p>"Equus: Story of the Horse"</p>	<p>9:00 Sit & Be Fit in GM 27</p> <p>9:30 Exercise in GM</p> <p>9:45 Exercise in MC</p> <p>10:30 Wii Wheel of Fortune in GM</p> <p>2:00 Marshmallow Day Social in BI</p> <p>3:30 Bingo in GM</p>	<p>9:30 Exercise in GM 28</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Kim in GM</p> <p>1:30 Noodle Hockey in GM</p> <p>2:00 MC Reading</p> <p>3:30 Lets Line Dance in GM</p> <p>6:30 Gayle on Piano in GT</p>	<p>9:00 Sit & Be Fit in GM 29</p> <p>9:30 Exercise w/ Sunshine in GM</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Dianne in GM</p> <p>1:30 Craft Connection in AR</p> <p>3:00 Writing and Wine in GM</p>	<p>9:30 Exercise in BI 30</p> <p>9:45 Exercise in MC</p> <p>9:50 Outing Artcore Organist</p> <p>10:30 Sing Along in GM</p> <p>1:30 Craft Connection In AR</p> <p>3:00 Bingo in GM</p> <p>4:00 Sketch Book Time in AR</p>	<p>9:00 Sit & Be Fit 31</p> <p>9:30 Exercise w/ Sunshine in GM</p> <p>9:45 Exercise in MC</p> <p>10:30 Book Reading in GM</p> <p>2:00 Dave Tuley in GM</p> <p>3:30 Farkle Friday in GM</p>	<p>KEY</p> <p>AR=Art Room</p> <p>GM=Game Room</p> <p>GT= Great Room</p> <p>BI= Bistro</p> <p>RI= Rialto</p> <p>MC=Memory Care</p>