

# Mountain Plaza Assisted Living Activities

**SUNDAY      MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY      SATURDAY**

<p>10:30 Mike Bruning Church Services in RI 1:30 Horse Shoes in GM 2:45 Movie in RI "Calamity Jane" with Doris Day</p> <p><b>1</b></p>	<p>9:30 Exercise in GM 9:45 Exercise in MC 10:30 Current Events in BI 2:00 Music with Charles &amp; Family 3:30 Bingo! in GM</p> <p><b>2</b></p>	<p>9:00 Energizing Exercise 9:30 Exercise with Sunshine in GM 9:45 Exercise in MC 10:30 Bible Study with Kim in GM 1:00 Here Comes the NIC Crafting in GM 2:30 Let's Decorate for Christmas 6:15 Show in RI "Out Laws &amp; Gun Slingers" Documentary</p> <p><b>3</b></p>	<p>9:30 Exercise in GM 9:45 Exercise in MC 10:30 Bible Study with Dianne in GM 1:00 MC Match Game 1:30 Residents Council 3:00 Farkle in GM 4:00 Color with me in AR</p> <p><b>4</b></p>	<p>9:30 Exercise in GM 9:45 Exercise in MC 10:30 Bible Study in GM 1:00 MC Reading 1:30 Kick Ball in GM 3:00 Bingo!! 4:00 Bookmobile 6:30 Cub Scouts Award Ceremony in GT</p> <p><b>5</b></p>	<p>9:00 Energizing Exercise 9:30 Exercise in GM 9:45 Exercise in MC 10:30 Book Reading in GM Hatchet a story of survival 2:00 Meadow Larks in GT 3:30 Blizzard of 49' Wyoming PBS Special in GM</p> <p><b>6</b></p>	<p>9:30 Exercise in GM 9:45 Exercise in MC 10:30 Sunrise Baptist church caroling 2:00 Beating Heart Dance Studio in Dining room 6:30 Movie in RI "Out Laws &amp; Gun Slingers" Documentary</p> <p><b>7</b></p>		
<p>10:30 Gayle Unruh Church Services in GT 2:00 Piano Recitals in GT 6:00 Show in RI "Lawrence Welk's Big Band Splash"</p> <p><b>8</b></p>	<p>9:00 Energizing Exercise in GM 9:30 Exercise in GM 9:45 Exercise in MC 10:30 Current Events in BI 2:00 Jim Oliver Music in GT 3:30 Bingo in GM</p> <p><b>9</b></p>	<p>9:30 Exercise in GM 9:45 Exercise in MC 10:30 Bible Study with Kim in GM 2:00 Dave Tuley Music in GT 3:30 Lets Line Dance - in GM preparing for New Years Eve!!! 7:00 Casper Civic Chorale</p> <p><b>10</b></p>	<p>9:30 Woods Learning Center Entertainment in GT 10:30 Bible Study with Dianne in GM 1:30 Christmas Music recordings in GT 3:00 MC Golf 3:30 Broom Ball in GM</p> <p><b>11</b></p>	<p>9:30 Exercise in BI 9:45 Exercise in MC 10:30 Cowboy Poetry in BI 1:00 MC Corn Hole 1:30 Craft Connection In AR 3:30 Bingo 6:30 Anne McDaniels on Violin</p> <p><b>12</b></p>	<p>9:00 Energizing Exercise 9:30 Exercise in GM 9:45 Exercise in MC 10:30 Book Reading in GM Hatchet a story of survival 1:30 Kick Ball in Gm 3:30 Before Dinner Drinks in BI</p> <p><b>13</b></p>	<p>9:30 Exercise in GM 9:45 Exercise in MC 10:30 Park Elementary Chior in GT 2:30 Piano Recitals in GT 6:00 Movie in RI Disney's "A Christmas Carol"</p> <p><b>14</b></p>		
<p>12:00 -2:00 Charity Craft Fair in GT 2:00 College Heights Church Services 3:30 Let's decorate cookies in BI 6:15 Show in RI "Celtic Women A Christmas Celebration"</p> <p><b>15</b></p>	<p>9:00 Energizing Exercise in GM 9:30 Exercise in GM 9:45 Exercise in MC 10:30 Current Events in BI 1:30 Corn hole in GM 3:30 Bingo in GM 6:30 Oil City Slickers - Barber Shop Quartet</p> <p><b>16</b></p>	<p>9:30 Exercise in GM 9:45 Exercise in MC 10:30 Bible Study with Kim 1:30 Fort Casper Academy Caroling 3:00 Lets make an ugly sweater in AR 6:30 Gayle on Piano</p> <p><b>17</b></p>	<p>9:00 Energizing Exercise in GM 9:30 Exercise w/ Sunshine in GM 9:45 Exercise in MC 10:30 Bible Study with Dianne in GM 2:00 Chris Weydeveld Music in GT 3:30 Balloon Badminton in GM 6:00 Lets Look at Christmas Light Outing</p> <p><b>18</b></p>	<p>9:30 Exercise in GM 10:00 Communion 1:30 Let's write Christmas poems in GM 3:00 BINGO! in GM 4:00 The Bookmobile 6:30 Music with Stephanie</p> <p><b>19</b></p>	<p>9:00 Energizing Exercise 9:30 Exercise in GM 9:45 Exercise in MC 10:30 Book Reading in GM Hatchet a story of survival 1:30 Kick Ball in GM 3:30 Farkle and Drinks in BI</p> <p><b>20</b></p>	<p>9:30 Exercise in GM 9:45 Exercise in MC 10:30 Music recordings in GM 1:30 Nerf it up in GM 3:00 Movie in RI "Elf"</p> <p><b>21</b></p>		
<p>10:30 Gayle Unruh Church Services in GT 1:30 Wii Wheel of fortune in GM 3:00 Show in RI "Holiday Inn" with Bing Crosby &amp; Fred Astaire</p> <p><b>22</b></p>	<p>9:30 Exercise in GM 9:45 Exercise in MC 10:30 Current Events in BI 2:30 MPAL Christmas Party!!! and Ugly Sweater Contest come one come all! 6:30 Movie in RI "It's a Wonderful Life"</p> <p><b>23</b></p>	<p>9:00 Energizing Exercise in GM 9:30 Exercise w/ Sunshine in GM 10:30 Twas the Night before Christmas and other poems in BI 1:30 The Legend of Santa Clause in GM Documentary 4:00 Christmas Eve Service with Gayle 6:15 Show in RI "Santa Clause a Biography"</p> <p><b>24</b></p>	<p>10:00 Christmas Parade on TV in BI 2:00 Drinks and "Andy Williams Sings Christmas" in BI 6:15 Movie in RI "The Nativity Story" <b>Merry Christmas!</b></p> <p><b>25</b></p>	<p>9:30 Exercise in BI 9:45 Exercise in MC 10:30 Cowboy Poetry in BI 1:30 Craft Connection In AR 3:30 Bingo</p> <p><b>26</b></p>	<p>9:00 Energizing Exercise 9:30 Exercise in GM 9:45 Exercise in MC 10:30 Book Reading in GM Hatchet a story of survival 1:30 Kick Ball 3:00 Lets Color in AR</p> <p><b>27</b></p>	<p>9:30 Exercise in GM 9:45 Exercise in MC 10:30 Jokes in GM 1:15 Decorating committee in AR 2:30 Movie in RI</p> <p><b>28</b></p>		
<p>10:30 Mike Bruning Church Services in RI 1:30 Wyoming Reading in GM 2:45 Movie in RI</p> <p><b>29</b></p>	<p>9:00 Energizing Exercise in GM 9:30 Exercise in GM 9:45 Exercise in MC 10:30 Current Events in BI 1:30 New Years Traditions GM 3:30 Bingo in GM</p> <p><b>30</b></p>	<p>9:00 Energizing Exercise in GM 9:30 Exercise w/ Sunshine in GM 10:30 Bible Study with Kim 1:00 MC Lets Dance 1:30 Nerf it up in GM 3:30 Farkle in GM 6:30 New Years Program and Count Down!</p> <p><b>31</b></p>	<p><b>KEY</b> AR=Art Room GM=Game Room GT= Great Room BI= Bistro RI= Rialto MC=Memory Care</p>					