

Mountain Plaza Assisted Living Activities

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

10:30 Mike Bruning **1**
Church Services in RI
1:30 Uno in GM
6:15 Movie in RI
"Nim's Island"

9:30 Exercise in GM **2**
9:45 Exercise in MC
10:30 Current Events reading in GM
2:00 Labor Day Party! in BI
3:30 Bingo! in GM
Labor Day

9:00 Energizing Exercise **3**
9:30 Exercise with Sunshine in GM
9:45 Exercise in MC
10:30 Bible Study with Kim in GM
1:00 Here Comes the NIC
Crafting in GM
1:30 Poetry in MC
3:00 Outing River Walk
6:15 Show in RI
"Drive Through History"

9:30 Exercise in GM **4**
9:45 Exercise in MC
10:30 Bible Study with Dianne in GM
1:00 Otolaryngology -for Hearing Aids in MC
2:00 MC Outing
3:00 Balloon Badminton in GM
4:00 Before Dinner Drinks Social in BI

9:00 Energizing Exercise **5**
9:30 Exercise w/ Sunshine in GM
9:45 Exercise in MC
10:30 Pen Pals in AR
1:30 Residents Council/Food for thought in GM
2:30 Scrap booking in AR
2:00 MC Horse Shoes
3:30 Bingo
Kick Off Day of NFL!

9:30 Exercise in GM **6**
9:45 Exercise in MC
10:30 Book Reading in GM
finish one, start another
2:00 The Meadow Larks
3:30 Bowling in GM

9:30 Exercise in GM **7**
9:45 Exercise in MC
10:30 Coffee in the Courtyard
1:30 Mountain Plaza Academy Science experiment in GM
Work towards you Mpal Diploma
3:00 Movie in RI
"The Tale of Despereaux"

10:30 Gayle Unruh **8**
Church Services in GT
2:00 Charades in GM
6:15 Show in RI
"Grizzly Adams"
Foot Ball Sunday
Assisted Living Week Begins

9:30 Exercise in GM **9**
9:45 Exercise in MC
10:30 Current Events in GM
2:00 Jim Oliver Music in GT
3:30 Bingo! in GM

9:00 Energizing Exercise in GM **10**
9:30 Exercise w/ Sunshine in GM
9:30 Outing Natural Bridge Picnic (All day event)
9:45 Exercise in MC
10:30 Bible Study with Kim in GM
2:00 Dave Tuley Music in GT
3:30 Broom Ball in GM
6:15 Show in RI
"Drive through History"

9:30 Exercise in GM **11**
9:45 Exercise in MC
10:30 Bible Study with Dianne in GM
1:30 Brandt Audiology- Educational in GM
1:30 MC FUN!
3:00 Farkle Dice Game in GM
4:00 Lets Color Together in AR
9/11 Remembrance Day

9:00 Energizing Exercise in GM **12**
9:30 Exercise w/ Sunshine in GM
9:45 Exercise in MC
10:30 Let's Write a Story! in GM
1:00 Pet visit in MC
1:30 Craft Connection in AR
Paper Meche' Hot Air Balloon Pt. 1
3:30 Bingo
Cat Month Begins

9:30 Exercise in GM **13**
9:45 Exercise in MC
10:30 Book Reading in GM
"Because of Winn-Dixie"
1:00 MC Pen Pal and Writing
2:00 UND Student Activity in GM
3:30 Golf in the GT

9:30 Exercise in GM **14**
9:45 Exercise in MC
10:30 Trivia Time in BI
1:30 Cookie Decorating in Dining Room
3:00 Movie in RI
"Breakfast at Tiffany's"

10:30 Wyoming **15**
Folk Tales in GM
2:00 College Heights Church Services
6:15 Movie in RI
"Grizzle Adams"
Foot Ball Sunday

9:30 Exercise w/ Sunshine in GM **16**
9:45 Exercise in MC
10:30 Current Events in GM
2:00 Stephanie Music in GT
3:30 Bingo

9:00 Energizing Exercise in GM **17**
9:30 Exercise w/ Sunshine in GM
9:45 Exercise in MC
10:30 Bible Study with Kim in GM
1:30 Craft Connection in AR
Paper Meche' Hot Air Balloon Pt. 2
3:30 Balloon Badminton
6:15 Show in RI
"Drive through History"

9:30 Exercise in GM **18**
9:45 Exercise in MC
10:30 Bible Study with Dianne in GM
1:00 MC Outing
2:30 Community Bingo 1 Card/ Tons of Cash in Dining Room
4:00 Sit & Sketch in AR

9:30 Exercise w/ Sunshine in GM **19**
9:00 Outing Pioneer Museum in Douglas All Day Event
9:45 Exercise in MC
10:00 Communion in GT with Music!
1:30 Sing Along in RI
3:30 Pirate Social- rum drinks and Snacks! in BI
6:30 Terry on Piano inGT
Pirate Day- ARRRR!

9:30 Exercise in GM **20**
9:45 Exercise in MC
10:30 Poetry Party in BI
Treats and Poetry!!!
2:00 UND Student Activity in GM
3:30 Cornhole in GT
Share a Poem Day

9:30 Exercise in GM **21**
9:45 Exercise in MC
10:30 Book Reading in GM
"Because of Winn-Dixie"
1:30 The Greeks & Romans GM
Work towards you Mpal Diploma
3:00 Movie in RI
"Barefoot in the Park"
Oktoberfest Begins!

10:30 Gayle Unruh **22**
Church Services in GT
2:30 Wii Wheel of fortune in GM
6:15 Show in RI
"Grizzle Adams"
Foot Ball Sunday

9:30 Exercise in GM **23**
9:45 Exercise in MC
10:30 Current Events in GM
12:15 Outing- Art Core
2:00 Jim Oliver Music in GT
3:30 Bingo! in GM

9:00 Energizing Exercise in GM **24**
9:30 Exercise w/Sunshine in GM
9:45 Exercise in MC
10:30 Bible Study with Kim in GM
1:00 MC Match Game
2:45 Outing River Walk
4:00 Lets Color in AR
6:30 Gayle on Piano in GT

9:30 Exercise in GM **25**
9:45 Exercise in MC
10:30 Bible Study with Dianne in GM
1:00 MC Flash Time.
2:00 Chris Weydevelde Music in GT
3:30 Kick Ball in GM

9:00 Energizing Exercise in GM **26**
9:30 Exercise w/ Sunshine in GM
10:00 MC Morning Outing
10:30 Let's Write a Story! in GM
1:30 MC Charades/ Pictionary
1:30 Craft Connection in AR
Autumn Mason Jar light holders
3:30 Bingo
6:15 Show in the RI
"Drive Through History"

9:30 Exercise in GM **27**
9:45 Exercise in MC
10:30 Book Reading in GM
"Because of Winn-Dixie"
1:30 Horse shoes in GT
3:00 UND Student Activities

9:30 Exercise in GM **28**
9:45 Exercise in MC
2:00 Movie in RI
"Steele Magnolias"
Teachers Day

10:30 Mike Bruning **29**
Church Services in RI
2:30 Wyoming Folk Tales in GM
6:15 Show in RI
"Grizzly Adams"
Foot Ball Sunday

9:30 Exercise in GM **30**
9:45 Exercise in MC
10:30 Current Events in GM
2:00 Sing Along in RI
3:30 Bingo! in GM

KEY
AR=Art Room
GM=Game Room
GT= Great Room
BI= Bistro
RI= Rialto
MC=Memory Care

