

# Mountain Plaza Assisted Living Activities

SUNDAY

MONDAY

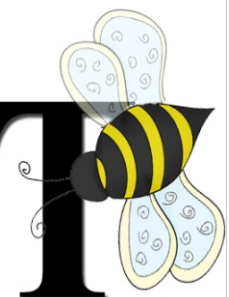
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



# AUGUST

**KEY**  
**AR=Art Room**  
**GM=Game Room**  
**GT= Great Room**  
**BI= Bistro**  
**RI= Rialto**  
**MC=Memory Care**

9:00 Energizing Exercise **1**  
 9:30 Exercise w/ Sunshine in GM  
 9:45 Exercise in MC  
 10:30 Trivia in Court Yard  
 1:30 Residents Council/Food  
 for thought in GM  
 3:30 Kick ball in GM  
 6:30 Terry on Piano

9:30 Exercise in GM **2**  
 9:45 Exercise in MC  
 10:30 Book Reading in GM  
 2:00 The Meadow Larks  
 3:30 Outing- Planetarium- Force 5  
 Extreme Weather

9:30 Exercise in GM **3**  
 9:45 Exercise in MC  
 10:30 Coffee in the Courtyard  
 1:30 Mountain Plaza Academy  
 American History 301 in GM  
 Work towards you Mpal Diploma  
 3:00 Show in RI  
 The Dick Van Dyke Show

10:30 Mike Bruning **4**  
 Church Services in RI  
 1:30 Uno in GM  
 6:15 Movie in RI  
 "The Goonies"

9:30 Exercise with **5**  
 Sunshine in GM  
 9:45 Exercise in MC  
 10:30 Casper Chronicles  
 2:00 Jim Oliver Music GT  
 3:30 Bingo! in GM

9:00 Energizing Exercise in GM **6**  
 9:30 Exercise with Sunshine in GM  
 9:45 Exercise in MC  
 10:30 Bible Study with Kim in GM  
 1:00 Here Comes the NIC  
 Crafting in GM  
 2:30 MC Outing  
 6:15 Show in RI "I Love Lucy"  
 Lucy Ball Day!

9:30 Exercise in GM **7**  
 9:45 Exercise in MC  
 10:30 Bible Study with Dianne in GM  
 11:00 Outing  
 Edness Kimball Picnic  
 1:30 MC Corn Hole  
 3:30 Farkle Dice Game in GM

9:00 Energizing Exercise in GM **8**  
 9:30 Exercise w/ Sunshine in GM  
 9:45 Exercise in MC  
 10:30 Treats &  
 Let's Write a Story! in GM  
 1:30 Craft Connection in AR  
 Bubble Art  
 3:30 Bingo  
 6:15 Movie in the RI  
 The Three Musketeer

9:30 Exercise in GM **9**  
 9:45 Exercise in MC  
 10:30 Book Reading in GM  
 2:00 Elvis Week Social in GT  
 Treats and Music  
 3:30 Balloon Badminton  
 in GM  
 Elvis Week Begins

9:30 Exercise in GM **10**  
 9:45 Exercise in MC  
 10:30 Ever Wonder Why  
 and Treats in BI  
 1:30 Mountain Plaza Academy  
 Science 101 in GM  
 Work towards your Mpal Diploma  
 3:00 Show in RI  
 "The Dick Van Dyke Show"

10:30 Gayle Unruh **11**  
 Church Services in GT  
 3:00 Drinks and Darts in GM  
 6:15 Movie in RI  
 "Viva Las Vegas"  
 with Elvis Presley

9:30 Exercise in GM **12**  
 9:45 Exercise in MC  
 10:30 Casper Chronicles in GM  
 1:30 Survey the States  
 Florida in RI  
 3:30 Bingo! in GM

9:00 Energizing Exercise in GM **13**  
 9:30 Exercise w/ Sunshine in GM  
 9:45 Exercise in MC  
 10:30 Bible Study with Kim in GM  
 2:00 Dave Tuley Music in GT  
 3:30 Broom Ball in GM  
 6:15 Show in RI  
 "National  
 Geographic Presents"  
 Annie Oakley Day

9:30 Exercise in GM **14**  
 9:45 Exercise in MC  
 10:30 Bible Study with  
 Dianne in GM  
 2:30 Community Bingo  
 1 Card/ Tons of Cash  
 in Dining Room  
 6:15 Show in RI  
 "I love Lucy"

9:00 Energizing Exercise in GM **15**  
 9:30 Exercise w/Sunshine in GM  
 9:45 Exercise in MC  
 10:00 Communion in GT  
 With Music  
 1:00 MC Craft  
 1:30 Craft Connection in AR  
 3:30 Bingo  
 French Cooking Day

9:30 Exercise in GM **16**  
 9:45 Exercise in MC  
 10:30 Book Reading in GM  
 2:00 Stephanie Music in GT  
 3:30 Horse Shoes in  
 Court Yard

9:30 Exercise in GM **17**  
 9:45 Exercise in MC  
 11:30 Outing- Riverfest  
 3:30 Show in RI  
 "The Dick Van Dyke Show"

10:30 Sing Along in GM **18**  
 2:00 College Heights  
 Church Services  
 6:15 Movie in RI  
 "Second Hands Lion"

9:30 Exercise in GM **19**  
 9:45 Exercise in MC  
 10:30 Current Events in GM  
 2:00 Jim Oliver Music  
 in GT  
 3:30 Bingo! in GM  
 World Photo Day

9:00 Energizing Exercise in GM **20**  
 9:30 Exercise w/Sunshine in GM  
 9:45 Exercise in MC  
 10:30 Bible Study with  
 Kim in GM  
 1:00 MC Balloon Bop  
 1:30 Foot Doctor in GM  
 (Sign up at front Desk)  
 3:30 Lemonade Social in BI/Sun Room  
 6:15 Show in RI "National Geographic  
 Presents"

9:30 Exercise in GM **21**  
 9:45 Exercise in MC  
 10:30 Library Grand Re- Opening in GM  
 with snacks  
 1:00 MC Flash Time.  
 2:00 Chris Weydeveld Music in GT  
 3:30 Kick Ball in GM  
 Spumoni Day

9:00 Energizing Exercise in GM **22**  
 9:30 Exercise w/Sunshine in GM  
 9:45 Exercise in MC  
 10:00 Outing-River Walk  
 1:00 MC Horse Shoes  
 1:30 Craft Connection in AR  
 3:30 Bingo  
 6:15 Show in Rialto  
 The Dick Van Dyke Show

9:30 Exercise in GM **23**  
 9:45 Exercise in MC  
 10:30 Book Reading in GM  
 1:30 Bowling (for Real) in GM  
 3:30 Pub Time - in BI  
 Before Dinner Drinks

9:30 Exercise in GM **24**  
 9:45 Exercise in MC  
 10:30 Coffee in the Courtyard  
 1:30 Mountain Plaza Academy  
 Science 201 in GM  
 Work towards your Mpal Diploma  
 3:00 Show in RI  
 "50 First Dates" With  
 Potato Chips and soda!  
 Potato Chip Day

10:30 Gayle Unruh **25**  
 Church Services in GT  
 2:30 Movie in RI  
 "The Wizard of Oz"  
 The Wizard of Oz day

9:30 Exercise in GM **26**  
 9:45 Exercise in MC  
 10:30 Current Events in GM  
 1:30 Survey the State  
 Colorado's Parks in RI  
 3:30 Bingo! in GM  
 National Women's Equality Day

9:00 Energizing Exercise in GM **27**  
 9:30 Exercise with Sunshine in GM  
 9:45 Exercise in MC  
 10:30 Bible Study with  
 Kim in GM  
 2:00 Outing- Tate Museum  
 3:00 Craft in MC  
 6:30 Gayle on Piano

9:30 Exercise in GM **28**  
 9:45 Exercise in MC  
 10:30 Bible Study with Dianne in GM  
 1:30 Wii Wheel of Fortune in GM  
 2:00 MC Cornhole  
 3:00 Lets Write a Poem in GM

9:00 Energizing Exercise in GM **29**  
 9:30 Exercise w/ Sunshine in GM  
 9:45 Exercise in MC  
 10:30 Jokes in BI  
 1:00 MC Outing  
 1:30 Craft Connection in AR  
 3:30 Bingo

9:30 Exercise in GM **30**  
 9:45 Exercise in MC  
 10:30 Bible Study with Steph  
 in GM  
 2:00 Dave Tuley Music in GT  
 3:30 Pub Time  
 Drinks and Card Games

9:30 Exercise in GM **31**  
 9:45 Exercise in MC  
 10:30 Coffee in the Courtyard  
 2:00 MC Family/ all residents Party  
 in MC!!!  
 4:00 Show in RI  
 "Dick Van Dyke Show"  
 Labor Day  
 Weekend Begins