

Mountain Plaza Assisted Living Activities

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

KEY
AR=Art Room
GM=Game Room
GT= Great Room
BI= Bistro
RI= Rialto
MC=Memory Care

9:30 Exercise in GM **1**
 9:45 Exercise in MC
 10:30 Residence Council
 2:00 **Jim Oliver Music in GT**
 3:30 Bingo! in GM
8

9:30 Exercise in GM **2**
 9:45 Exercise in MC
 10:30 Bible Study with Kim in GM
 1:00 **Here Comes the NIC! Crafting in GM**
 1:30 MC Balloon Bop
 3:00 River Walk Outing
 6:15 Movie in RI "Blue Planet"
 The Episodes we missed.

9:30 Exercise in GM **3**
 9:45 Exercise in MC
 10:30 Bible Study with Dianne in GM
 12:45 MC Outing-River Walk
 1:30 Webinar (educational) in GM Normal Aging VS Not Normal Aging
 3:00 Coloring in AR

9:30 Exercise in GM **4**
 9:45 Exercise in MC
 12:00 **Forth of July Family BBQ!**
 1:00 **Games in the Court Yard!**
 6:00 Movie in the Rialto "Independence Day" Its Sci-Fi
 9:30 *Ish watch the fire works from The Vestibule on the North side of building*
4TH OF JULY

9:30 Exercise in GM **5**
 9:45 Exercise in MC
 10:30 Book Reading in GM
 2:00 **The Meadow Larks**
 3:30 Get Into the Act! in GM Let's Practice.

9:30 Exercise in GM **6**
 9:45 Exercise in MC
 10:30 Coffee & Crosswords in GT
 1:30 Mountain Plaza Academy American History 101 in GM Work towards you Mpal Diploma
 3:00 Show in RI Dean Martin Varsity Show

10:30 Mike Bruning **7**
 Church Services in RI
 2:00 Charades
 6:15 Movie in RI "Romancing the Stone" with Kirk Douglas

9:30 Exercise in GM
 9:45 Exercise in MC
 10:30 Casper Chronicles
 1:30 Survey the States Idaho in RI
 3:30 Bingo! in GM

9:30 Exercise in GM **9**
 9:45 Exercise in MC
 10:30 Bible Study with Kim in GM
 2:00 **Dave Tuley Music in GT**
 3:30 Lets Write a Poem in GM
 6:15 Movie in RI "Blue Planet"
 Sugar Cookie Day

9:30 Exercise in GM **10**
 9:45 Exercise in MC
 10:30 Bible Study with Dianne in GM
 1:30 MC Corn Hole
 1:30 Otolaryngology in GM Let's talk about hearing
 3:00 Balloon Badminton
The Day Wyoming Became a State

9:30 Exercise in GM **11**
 9:45 Exercise in MC
 10:30 Pet Photo Day! in BI
 1:00 MC Cat Visit
 1:30 Craft Connection in AR Kindness Rocks
 3:30 Bingo

9:30 Exercise in GM **12**
 9:45 Exercise in MC
 10:15 Book Reading in GM
 11:00 **Outing Lunch at the Boat Club**
 3:30 Get Into the Act! in GM Let's Practice.

9:30 Exercise in GM **13**
 9:45 Exercise in MC
 10:30 Trivia and Treats in BI
 1:30 Mountain Plaza Academy Tall Tale Writing 101 in GM Work towards your Mpal Diploma
 3:00 Show in RI Dean Martin Varsity Show

10:30 Gayle Unruh **14**
 Church Services in GT
 3:00 Drinks and Darts in GM
 6:15 Movie in RI "The Jewel of the Nile" Sequel to Romancing the Stone

9:30 Exercise in GM **15**
 9:45 Exercise in MC
 10:30 Casper Chronicles in GM
 2:00 **Jim Oliver Music in GT**
 3:30 Bingo! in GM

8:00 **Outing-Riverton Casino** **16**
 9:30 Exercise in GM
 9:45 Exercise in MC
 10:30 Bible Study with Kim in GM
 1:00 MC Lets Write a Book
 6:15 Movie in RI "Blue Planet"

9:30 Exercise in GM **17**
 9:45 Exercise in MC
 10:30 Bible Study with Dianne in GM
 1:30 MC Reading
 1:30 I Love Lucy in RI
 3:00 Kick Ball in GM

9:30 Exercise in GM **18**
 9:45 Exercise in MC
 10:00 Communion in GT With Music
 1:00 MC Craft
 1:30 Craft Connection in AR Paper Roll Art
 3:30 Bingo
Summer Song Day

9:30 Exercise in GM **19**
 9:45 Exercise in MC
 11:00 **Ahna Weydeveld Music in GT**
 1:30 Book Reading in GM
 3:30 Get into the Act! in GM Let's Practice

9:30 Exercise in GM **20**
 9:45 Exercise in MC
 10:30 Cross Words and Coffee in BI
 1:30 Mountain Plaza Academy American History 201 in GM Work towards your Mpal Diploma
 3:00 Show in RI Dean Martin Varsity Show

10:30 Sing along in GM **21**
 2:00 College Heights Church Services
 6:15 Movie in RI "Finding Normal" Uplifting

9:30 Exercise in GM **22**
 9:45 Exercise in MC
 10:30 Card Games in GM
 1:30 Survey the States Washington in RI
 3:30 Bingo! in GM

9:30 Exercise in GM **23**
 9:45 Exercise in MC
 10:30 Bible Study with Kim in GM
 1:00 MC Balloon Bop
 2:00 Line Dancing in GM
 3:30 Broom Ball in GM
 6:15 Movie in RI "Blue Planet"

9:30 Exercise in GM **24**
 9:45 Exercise in MC
 10:30 Coffee in the Court Yard
 1:00 MC Flash Time.
Rialto Grand Re-Opening 2:30
 Movie "The Jungle Book" popcorn & soda

9:30 Exercise in GM **25**
 9:45 Exercise in MC
 10:00 **Outing River Walk**
 1:30 MC Paper Dolls
 1:30 Craft Connection in AR Cup Painting
 3:30 Bingo
Martin & Lewis Day

9:30 Exercise in GM **26**
 9:45 Exercise in MC
 10:30 Bible Study with Steph in GM
 2:00 **Dave Tuley Music in GT**
 3:30 Pub Time Drinks and Dice Games

9:30 Exercise in GM **27**
 9:45 Exercise in MC
 10:30 Cowboy Stories in BI
 1:30 Mountain Plaza Academy Tall Tale Writing 201 in GM Work towards you Mpal Diploma
 3:00 Show in RI Dean Martin Varsity Show
Day of the Cowboy

10:30 Gayle Unruh **28**
 Church Services in GT
 2:00 Mexican Train in GM
 6:00 Movie in RI "Mrs. Doubtfire"

9:30 Exercise in GM **29**
 9:45 Exercise in MC
 10:30 Casper Chronicles in GM
 2:00 **Stephanie & James Music in GT**
 3:30 Bingo! in GM

9:30 Exercise in GM **30**
 9:45 Exercise in MC
 10:30 Bible Study with Kim in GM
 1:00 MC Let's Write a Book
 1:30 Charades in GM
 3:00 Golf in GT
 6:30 **Gayle on Piano in GT**
International Day of Friendship

9:30 Exercise in GM **31**
 9:45 Exercise in MC
 10:30 Bible Study with Dianne in GM
 1:00 MC Reading
 2:00 Corn Hole in GT
 3:30 Dress Rehearsal in GM
 6:30 **The Great Performance in GT**

