

Mountain Plaza Assisted Living Activities

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



KEY

AR=Art Room
GM=Game Room
GT= Great Room
BI= Bistro
RI= Rialto
MC=Memory Care

10:00 Mountain Plaza
Craft Show in GT
*to benefit Wyoming
Dementia Care*

3:30 Coloring in AR

<p>10:30 Mike Bruning Church Services in RI 2</p> <p>1:30 Balloon Badminton in GM</p> <p>3:00 Movie in RI "My Dog Skip"</p>	<p>9:30 Exercise in GM 3</p> <p>9:45 Exercise in MC</p> <p>10:15 Let's Plant Flowers!</p> <p>2:00 Jim Oliver Music in GT</p> <p>3:30 Bingo! in GM</p>	<p>9:30 Exercise in GM 4</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Kim in GM</p> <p>1:00 Here Comes the NIC! Crafting in GM</p> <p>1:30 MC Balloon Bop</p> <p>3:00 Farkle (dice game) in GM</p> <p>6:15 Movie in RI "Cosmos, a space time odyssey"</p> <p><i>National Hug Your Cat Day</i></p>	<p>9:30 Exercise in GM 5</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Dianne in GM</p> <p>1:00 MC Reading</p> <p>1:30 All Around the World South America! in RI</p> <p>3:00 Line Dance in GM</p>	<p>9:30 Exercise in GM 6</p> <p>9:45 Exercise in MC</p> <p>10:30 Book Time in GM</p> <p>1:30 Craft Connection in AR Dipping Designs</p> <p>2:00 MC Corn Hole</p> <p>3:30 Bingo!</p>	<p>9:30 Exercise in GM 7</p> <p>9:45 Exercise in MC</p> <p>10:30 National Donut Day Social and Trivia in GM</p> <p>2:00 The Meadow Larks</p> <p>3:30 Get Into the Act! in GM</p>	<p>9:30 Exercise in GM 8</p> <p>9:45 Exercise in MC</p> <p>10:30 Podcast Time! in GM Ted Talks- Spoken Word Poetry).</p> <p>1:00 Outing- National Historic Trails Center</p> <p>3:00 Show in RI The Carol Burnett Show</p>
<p>10:30 Gayle Unruh Church Services in GT 9</p> <p>1:30 Kick Ball in GM</p> <p>3:00 Movie in RI "Rat Race" It's a comedy!</p>	<p>9:30 Exercise in GM 10</p> <p>9:45 Exercise in MC</p> <p>10:30 Wii Games in GM</p> <p>1:30 Survey the States Hawaii in RI</p> <p>3:30 Bingo! in GM</p>	<p>9:30 Exercise in GM 11</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Kim in GM</p> <p>2:00 Dave Tuley Music in GT</p> <p>3:30 Lets Write Spoken Word in GM</p> <p>6:15 Movie in RI "Cosmos, a space time odyssey"</p>	<p>9:30 Exercise in GM 12</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Dianne in GM</p> <p>1:00 MC Reading</p> <p>2:00 Music in GT Stephanie and James!</p> <p>3:00 Card Games in GM</p>	<p>9:30 Exercise in GM 13</p> <p>9:45 Exercise in MC</p> <p>10:30 Book Time in GM</p> <p>1:30 Craft Connection in AR</p> <p>3:30 Bingo</p> <p>CNA Week Begins! <i>Thank our CNAs for all their help!</i></p>	<p>9:30 Exercise in GM 14</p> <p>9:45 Exercise in MC</p> <p>11:00 Ahna Weydeveld Music in GT</p> <p>2:00 Outing Fort Casper Museum</p> <p>Flag Day</p>	<p>9:30 Exercise in GM 15</p> <p>9:45 Exercise in MC</p> <p>10:30 Podcast Time! in GM (its like old time Radio but on the Internet).</p> <p>2:00 Cowboy Father's Day Social in BI!</p> <p>3:30 Putting Away- Golf in GT</p>
<p>10:30 "Bizarre Foods" in RI 16</p> <p>2:00 College Heights Church Services</p> <p>2:45 Broom Ball in GM</p> <p>Father's Day!</p>	<p>9:30 Exercise in GM 17</p> <p>9:45 Exercise in MC</p> <p>10:30 Casper Chronicles Reading in GM</p> <p>2:00 Jim Oliver Music in GT</p> <p>3:30 Bingo! in GM</p>	<p>9:30 Exercise in GM 18</p> <p>9:45 Exercise in MC</p> <p>10:30 Musical Guest in GM The Gypsy Cowbelle</p> <p>1:00 MC Let's Write a Book</p> <p>1:30 Webinar (educational) in GM "Normal Aging VS not Normal Aging"</p> <p>3:00 Charades in GM</p> <p>6:15 Movie in RI "Mysteries Underground"</p>	<p>9:30 Exercise in GM 19</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Dianne in GM</p> <p>2:00 Chris Weydeveld Music in GT</p> <p>3:30 Line Dancing in GM</p> <p><i>Tic-Tock Day</i> <i>National Watch Day</i></p>	<p>9:30 Exercise in GM 20</p> <p>9:45 Exercise in MC</p> <p>10:00 Communion in GT With Music</p> <p>1:00 MC Ball Grab</p> <p>1:30 Craft Connection in AR</p> <p>3:30 Bingo</p>	<p>9:30 Exercise in GM 21</p> <p>9:45 Exercise in MC</p> <p>10:30 Wii Games in GM</p> <p>11:30 Outing-Lunch at The Boat Club</p> <p>4:00 Corn Hole</p> <p><i>Summer Solstice</i></p>	<p>9:30 Exercise in GM 22</p> <p>9:45 Exercise in MC</p> <p>10:30 Podcast Time! in GM (its like old time Radio but on the Internet).</p> <p>1:30 Family Bingo in GM! Play for prizes!</p> <p>3:30 Get Into the Act in AR</p>
<p>10:30 Gayle Unruh Church Services in GT 23</p> <p>1:30 Balloon Badminton in GM</p> <p>3:00 Movie in RI "9 to 5" <i>with Dolly Parton</i></p>	<p>9:30 Exercise in GM 24</p> <p>9:45 Exercise in MC</p> <p>10:30 Card Games in GM</p> <p>1:30 Survey the States Montana in RI</p> <p>3:30 Bingo! in GM</p>	<p>9:30 Exercise in GM 25</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Kim in GM</p> <p>1:00 MC Lets Write a Book</p> <p>1:30 Foot Doctor! (sign up at front desk)</p> <p>3:00 Outing-River Walk!</p> <p>6:15 Movie in RI "Mysteries Underground"</p>	<p>9:30 Exercise in GM 26</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Dianne in GM</p> <p>1:30 All Around the World in RI South America!</p> <p>3:00 Horse Races in GT Come win some Pony Bucks!</p>	<p>9:30 Exercise in GM 27</p> <p>9:45 Exercise in MC</p> <p>10:30 Tea and Tall Tales! in BI</p> <p>1:00 MC Reading</p> <p>1:30 Craft Connection in AR</p> <p>3:30 Bingo</p>	<p>9:30 Exercise in GM 28</p> <p>9:45 Exercise in MC</p> <p>10:30 Bible Study with Steph in GM</p> <p>2:00 Dave Tuley Music in GT</p> <p>3:30 Pub Time Darts, Drinks and other Games in GM</p>	<p>9:30 Exercise in GM 29</p> <p>9:45 Exercise in MC</p> <p>10:30 Sing Along in GT</p> <p>1:00 MC Corn Hole</p> <p>2:30 Ice Cream Social!!!! in BI</p>
<p>10:30 Mike Bruning Church Services in RI 30</p> <p>1:30 Kick Ball in GM</p> <p>3:00 Movie in RI "Saving Shiloh"</p>						