

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

# MARCH

**KEY**  
**AR=Art Room**  
**GM=Game Room**  
**GT= Great Room**  
**BI= Bistro**  
**RI= Rialto**  
**MC=Memory Care**

**1**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:30 Residents Council  
 1:00 Decorate a mask for Mardi Gras in GM  
 2:30 Peanut month social in BI  
 3:30 Decorate for Mardi Gras

**2**  
 10:00 Exercise in GM  
 1:00 Balloon badminton in GM  
 2:00 Movie in RI  
 "Hello Dolly!"  
 With Barbara Streisand

**3**  
 10:00 Mike Bruning Church in RI  
 1:30 Blue planet in RI

**4**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:30 Wii Wheel of Fortune in GM  
 2:00 Jim Oliver Music in GT  
 3:30 BINGO! in GM

**5**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:30 Bible Study W/Kim  
 1:00 Here comes the Nic Crafting in GM  
 2:30 FAT Tuesday Mardi Gras Celebration in BI  
 6:00 Movie in RI  
 Kramer VS Kramer  
**Fat Tuesday- Mardi Gras**

**6**  
 8:30 Exercise in GM (early just this once)  
 9:15 Imposing of Ashes for Ash Wednesday in GM  
 9:30 Exercise in MC  
 10:30 Trivia in GM  
 1:00 MC Balloon Bop  
 1:30 All Around the world New Zealand in RI  
 3:00 Kick Ball in GM  
**Ash Wednesday**

**7**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:30 The Secret Garden Reading in GM  
 1:30 Craft Connection Finish projects in AR  
 3:30 BINGO! in GM  
 4:00 Decorating in AR

**8**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:30 Charades in GM  
 2:00 Meadowlarks in GT  
 3:30 Paint your Nails in GM  
 4:00 Before Dinner drinks in BI  
*Working Women's Day*

**9**  
 10:00 Exercise in GM  
 1:00 Broom Ball in GM  
 2:30 Movie in RI  
 "Some Like it Hot."  
 With Marilyn Monroe  
*Day Light Savings Set your clocks before bed!*

**10**  
 10:00 Gayle Unruh Church in GT  
 1:30 Blue planet in RI

**11**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 9:45 Kenya Safari Acrobats Outing  
 10:30 MPAL Market Grand Opening! in GM  
 1:30 Music Sing along in GM  
 3:30 BINGO! in GM  
*National Nap Day*

**12**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:30 Bible Study W/Kim  
 1:00 MC Ball catch  
 2:00 Dave Tuley Music in GT  
 3:30 Get into the act  
 6:00 Movie in RI  
 "The Pink Panther"

**13**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:30 Bible Study W/Dianne  
 1:30 All Around the world New Zealand craft in AR  
 1:00 MC Music Sing along  
 3:30 DARTS in GM

**14**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:30 Joke Time in GM  
 1:30 Craft Connection Pencil Holders in AR  
 3:30 BINGO! in GM  
 6:00 Movie in RI  
 "My BodyGuard"

**15**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 11:00 Ahna Weydeveld Music in GT  
 1:00 MC Pictionary  
 1:30 Balloon Badminton in GM  
 3:00 St. Patrick's day celebration "Let's drink green beer!"  
 Family is welcome!  
*Mid Month Mirth Day*

**16**  
 10:00 Exercise in GM  
 1:00 Family game day in GM  
 1:00 Family game day in MC  
 2:30 Movie In RI  
 "A Chorus Line"  
 A musical about musical theatre

**17**  
 10:00 Movie of Faith in RI  
 1:30 Blue planet in RI  
**St. Patrick's Day! Wear Green!**  


**18**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:30 Reading "Mythology"  
 2:00 Jim Oliver music in GT  
 3:30 BINGO! in GM  
*Mythology Monday*

**19**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:30 Bible Study W/Kim  
 1:30 Food for thought in GM  
 1:30 MC Coloring  
 2:00 Uno in GM  
 3:00 Get into the Act  
 6:00 Movie In RI  
 "Bed Knobs and Broomsticks"

**20**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:30 Bible Study W/Dianne  
 1:00 MC Corn Hole Game  
 1:30 All Around the World New Zealand in RI  
 3:30 Let's Make a Deal! Prizes or ZONKS!!!  
*Spring Equinox*

**21**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:00 Communion in GT  
 1:30 Craft Connection Time to Sculpt in AR  
 3:30 BINGO! in GM  
 6:30 Terri on Piano

**22**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:30 Trivia Time in GM  
 1:30 Lets Line Dance Again in GM  
 3:40 Planetarium Outing!  
 3:30 Lets Color in AR

**23**  
 10:00 Exercise in GM  
 2:00 Alex Depalo on CELLO!  
 6:00 Movie in RI  
 "The Barbarian & the Geisha"  
 With John Wayne

**24**  
 10:00 Gayle Unruh Church in GT  
 1:30 Blue planet in RI

**25**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:30 National Geographic in the RI.  
 10:30 MPAL Market  
 2:00 Scrapbooking in AR  
 3:30 BINGO! in GM  
*Waffle Day*

**26**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:30 Bible Study W/Kim  
 1:30 The Foot Doc is here! (sign up with front desk)  
 3:00 Get Into the Act  
 4:00 Mexican Train and other games in GM  
 6:30 Gayle on Piano in GT  
*Purple Day*

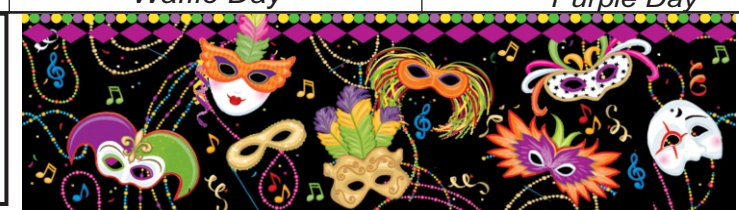
**27**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:30 Bible Study W/Dianne  
 1:30 All Around the World New Zealand in RI  
 3:00 Broom Ball  
 4:00 Decorating committee

**28**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:30 Bible Study with Stephanie in GM  
 1:00 MC Fun  
 1:30 Craft Connection Fantasy Gardens in AR  
 3:30 BINGO! in GM  
 6:00 Movie in RI  
 "My Fellow Americans"

**29**  
 9:00 Exercise in GM  
 9:30 Exercise in MC  
 10:30 Farkle Dice Game in GM  
 1:00 MC Pictionary  
 2:00 Dave Tuley Music in GT  
 3:30 Corn Hole in GT

**30**  
 10:00 Exercise in GM  
 1:00 Kick Ball in GM  
 2:30 Movie in RI  
 "42, The Jackie Robinson Story"

**31**  
 10:00 Mike Bruning Church in RI  
 1:30 Blue planet in RI



## Mountain Plaza Assisted Living Activities