

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



September 2016

Mountain Plaza Assisted Living

<p>10:30 Mike Bruning Church Service 1:00 Family Visits 2:30 Movie in Rialto 4:00 Puzzles in AR 6:00 Sitting on the Veranda</p>	<p>9:00 Daily Chronicles 10:00 Stretch the Body 11:00 Labor Day History 12:00 Labor Day Picnic 2:00 Movie in Rialto 4:00 Puzzles in the AR 6:00 Adult Color in AR 7:00 Sitting On the Porch</p> <p>Labor Day</p>	<p>9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Sing a Long 2:00 Mexican Train Dominoes 4:00 Adult Color in AR 6:00 Puzzles in the AR</p>	<p>9:45: Chair Exercise 10:30 Bible Study with Deacon Diane 2:00 Jim Oliver 3:15 Bingo 4:15 Adult Color AR 6:00 Puzzles in AR 7:00 Adam Smith Piano</p>	<p>9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Letters from Lost Cabin 2:00 Blue Berry Surprise in Bistro 3:00 Mexican Train Dom 4:00 Puzzles in AR 7:00 Christian Singers</p>	<p>9:00 Who Is It Board 9:30 Daily Chronicles 10:00 Chair Exercise 2:00 Meadowlarks 3:15 Are You Smarter Than a Fifth Grader 4:00 Puzzles in AR 6:00 Adult Color in AR</p>	<p>9:00 Daily Chronicles 10:00 Chair Exercise 2:00 Brownie Social 3:00 Mexican Train Dominoes 7:00 Lawrence Welk 8:30 pm Wyoming Cowboys vs N. Illinois CBS Sports</p>
<p>10:30 Mike Bruning Church Service 1:00 Family Visits 2:30 Movie in Rialto 4:00 Puzzles in AR 6:00 Sitting on the Veranda</p>	<p>9:00 Daily Chronicles 10:00 Stretch the Body 11:00 Labor Day History 12:00 Labor Day Picnic 2:00 Movie in Rialto 4:00 Puzzles in the AR 6:00 Adult Color in AR 7:00 Sitting On the Porch</p> <p>Labor Day</p>	<p>9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Sing a Long 2:00 Mexican Train Dominoes 4:00 Adult Color in AR 6:00 Puzzles in the AR</p>	<p>9:45: Chair Exercise 10:30 Bible Study with Deacon Diane 2:00 Jim Oliver 3:15 Bingo 4:15 Adult Color AR 6:00 Puzzles in AR 7:00 Adam Smith Piano</p>	<p>NFL Begins 9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Lost Cabin 2:00 Cupcakes in Bistro 3:00 Mexican Train Dom 6:30 Denver vs Panthers CBS 6:30 Twang Gang Concert</p>	<p>9:00 Who Is It Board 10:00 Chair Exercise 11:00 Games in the Game Room 2:00 Are You Smarter than a Fifth Grader 4:00 Adult Color in AR 6:00 Puzzles in AR 7:00 Quiet Evening</p>	<p>9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Wyoming Cowboys vs Nebraska ESPN2 2:00 Making Trail Mix 3:00 Mexican train Dom 7:00 Lawrence Welk</p>
<p>10:30 Gail Unruh Church Service 1:00 Family Visits 2:25 Lions vs Colts on FOX 4:00 Puzzles in AR 6:00 Adult Color in AR</p> <p>Grandparents Day</p>	<p>9:00 Daily Chronicles 10:00 Stretch the Body 11:00 Wyoming History 1:45 Bingo 3:00 UND OT Students 6:00 Adult Color in AR 6:10 Steelers vs Redskins ESPN</p>	<p>9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Manicures in the AR 2:00 Mexican Train Dominoes 4:00 Adult Color in AR 6:00 Puzzles in the AR</p>	<p>9:45: Chair Exercise 10:30 Bible Study with Deacon Diane 2:00 Cathy H. Piano 3:15 Community Bingo 4:15 Adult Color AR 6:00 Puzzles in AR 7:00 Restful Evening</p>	<p>9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Letters from Lost Cabin 2:00 Cake Slices Bistro 3:00 Mexican Train Dom 4:00 Puzzles in AR 6:30 Jets vs Bills CBS</p>	<p>9:00 Who Is It Board 10:00 Chair Exercise 11:00 Games in the Game Room 2:00 Are You Smarter than a Fifth Grader 4:00 Adult Color in AR 6:00 Showcase of Stars</p>	<p>9:00 Daily Chronicles 10:00 Chair Exercise 2:00 All Things Apple 2:00 WY Cowboys vs UC Davis 3:00 Mexican train Dominoes 4:00 Adult Color in AL 7:00 Lawrence Welk</p>
<p>9:45 Full Gospel Singers and Church Service 1:00 Family Visits 2:25 Denver vs Colts CBS 4:00 Puzzles in AR 6:00 Adult Color in AR</p>	<p>9:00 Daily Chronicles 10:00 Stretch the Body 11:00 Wyoming History 2:00 Resident Council 2:30 Bingo 4:00 Puzzles in the AR 6:00 Adult Color in AR 6:10 Bears vs Eagles ESPN</p>	<p>9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Sing a Long 2:00 Mexican Train Dominoes 4:00 Adult Color in AR 6:00 Puzzles in the AR</p>	<p>9:45: Chair Exercise 10:30 Bible Study with Deacon Diane 1:00 Food for Thought 2:00 Jim Oliver 3:15 Bingo 4:15 Adult Color AR 6:00 Puzzles in AR 7:00 Adam Smith Piano</p>	<p>9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Letters from Lost Cabin 1:00 Band of Lovers Concert 2:30 Ice Cream Cones in Bistro 6:30 Texans vs Patriots Autumn Begins</p>	<p>9:00 Who Is It Board 10:00 Chair Exercise 11:00 Games in the Game Room 2:00 Falling into Autumn Party 4:00 Adult Color in AR 6:00 Puzzles in AR 7:00 Quiet Evening</p>	<p>9:00 Daily Chronicles 10:00 Chair Exercise 2:00 Cherry Pie in Bistro 3:00 Mexican train Dominoes 4:00 Adult Color in AL 7:00 Lawrence Welk</p>
<p>10:30 Gail Unruh Church Service 1:00 Family Visits 2:25 Denver vs Bengals CBS 4:00 Puzzles in AR 6:00 Adult Color in AR</p>	<p>9:00 Daily Chronicles 10:00 Stretch the Body 11:00 Wyoming History 1:45 Bingo 3:00 UND OT Students 6:00 Adult Color in AR 6:10 Falcons vs Saints ESPN</p>	<p>9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Manicures in the AR 2:00 Mexican Train Dominoes 4:00 Adult Color in AR 6:00 Puzzles in the AR</p>	<p>9:45: Chair Exercise 10:30 Bible Study with Deacon Diane 2:00 The Veegee's 3:15 Bingo 4:15 Adult Color AR 6:00 Puzzles in AR 7:00 Restful Evening</p>	<p>9:00 Daily Chronicles 10:00 Chair Exercise 11:00 Letters from Lost Cabin 2:00 Coffee Cakes BI 3:00 Mexican Train Dom 4:00 Puzzles in AR 6:00 Dolphins vs Bengals NFL Channel</p>	<p>9:00 Who Is It Board 10:00 Chair Exercise 11:00 Games in the Game Room 2:00 Oktoberfest Celebration 4:00 Adult Color in AR 6:00 Puzzles in AR</p>	

All Activities Subject to change and weather permitting